

# LOOKING AHEAD

**Daily Office weekdays at 8am and 5.30pm except Fridays**

**Sunday morning prayer 9.15 am**

**Sun 31 January 10am**

**Mass for Presentation of Christ  
in the Temple**

**Sat 6 February (11am & 2pm)**

**Mosaics Workshops**

**Sun 7 February 10am**

**Mass for Sunday next before Lent**

**Wed 10 February 7pm**

**Mass for Ash Wednesday**

**Sun 14 February 10am**

**Mass for Lent 1**

**Wed 17 February 6.30pm**

**Archdeacon's Visitation**

**Sun 21 February 10am**

**Mass for Lent 2**

**Sun 28 February 10am**

**Mass for Lent 3**

**Sun 6 March 10am (All Age)**

**Mass for Mothering Sunday**

**Sun 13 March 10am**

**Mass for Passiontide**

**Wed 16 March 6.45**

**PCC (last before APCM)**

**Sun 20 March 10am**

**Palm Sunday**

## Monthly Church Clean - Dates for 2016

**Saturdays:** tba, 19 March, 15 April,

14 May, 11 June, 9 July, 13 Aug, 10 Sept, 8 Oct, 12 Nov, 10 Dec



# THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

**Next Sunday: Mass for Sunday next before Lent**

**Hymns: 62 287 27 mg 311 music group**

**2 Kings 2:1-12 xx Hebrews 2:14-18 xx**

**Psalm 50 Mark 9:2-9**

**Intercessions: x Chalice: xx**

**Sidespeople: x and x**



THE CHURCH  
OF ENGLAND

*Vicar* Mother Bernadette Hegarty 020 3774 6833

*Churchwarden:* Julian Bream 020 7515 4938

*Churchwarden:* Safia Dimsdale

**DONATIONS gratefully received for our roof fund by  
cheque payable to St Paul's, Bow common, Gift Aided where possible**



✠ THE PARISH OF ST. PAUL WITH ST. LUKE ✠  
BOW COMMON  
January 31<sup>st</sup> 2016



Mass for Mass for Presentation of  
Christ in the Temple

Hymns: 395 448 428 mg 284 music group

Malachi 3:1-5 Benjy Hebrews 2:14-18 Nikki

Psalm 24 Luke 2:22-40

Intercessions: Mary Mc Chalice: Nikki

Sidespeople: Frank and Helen

**PLEASE PRAY FOR:**

Edmond Brien, William Jarvis, Naomi Harris, Esther Christian,  
Margaret Lind-Smith, Anthony Ali; Margaret Diss,  
John Christian, Rachel Christian, Jackie Lelkes, Jim Mulhern,  
Jane Daniels, Isobel Coates, Ray Williams, Charlie Berry  
Dawn Smith, Constance Cole-Wilson, Nojahan Hamid,  
Blesie Smith, Mark Emmerson, Jeanette Chilcott, Iyabo Kadiri,  
Jane Keefe, Sharni Josephine, Cresta Adcock, Jim Moore.  
Audrey Mameni, John Rowe.

For our link church of **Santa Monica, Maputo** in Mozambique  
**January's Year's Mind:** Canon Amos Cole-Wilson, Patsy 'Roberts,  
Peter Cook, Monica George

### **Christmas nearly over!**

We are now nearing the end of our 40 day celebration of the great Festival of Christmas which continues through Epiphany to the celebration of the **Feast of the Presentation of Christ in the Temple or Candlemas on 31 January (next week).**

### **Confirmation – Today**

Ayo is getting confirmed today. We are delighted to welcome Bishop Adrian as our celebrant and preacher.

Ayo and his family would like to invite you all to a celebration after the service in the church hall so do stay.

**Thank you** to Burnette, Nikki, Debbie and Julian who helped clean the church yesterday in preparation for today.

**Bottle Tombola at the Christmas Bazaar 2016** - We now have ten volunteers who have kindly offered to donate a bottle a month for our Christmas Bazaar – so a big thank you.

### **Mosaic Making Workshops - Saturday 6 February 2016.**

**Session One: 11am-1pm      Session Two: 2pm-4pm**

Places still available in the afternoon session, so last chance to participate.

**New Rota** (sidespeople, readers, chalice, intercessors) **end of January to 20 March now at back of church, please take a copy and take note of when you are scheduled for a duty.**

### **Praying the Rosary monthly:**

The Rosary Prayer Session will take place **the last Thursday of the month at 7pm in the Vicarage.**

When the weather gets warmer we will transfer to the Lady Chapel. So if you missed praying this very special prayer during Advent, you will have a monthly opportunity to do so.

**Next Rosary Prayer Session – Thursday 28 January 2015. All welcome**



**Mass for the Conversion of St Paul, tomorrow (Monday 25 January) at 7pm in church.**

### **Ash Wednesday is the week after next so Palm Crosses needed –**

Could you bring back your palm crosses which were blessed last year, so I can use them to make ash for Ash Wednesday. **I will need them by next Sunday 31 January 2016 at the latest.**

## Little Lights Playgroup

**Don't** forget to let your family, friends and neighbours know that **Little Lights** runs **every Friday during term time 1.30-3.00pm in our church hall.**

**We are also seeking volunteers to co-lead this new venture. It will require a 2 hour commitment weekly during term time.**

If this is a commitment you believe you can give, then talk to Mthr. Bernadette.



## Lent 2016

**Lent Boxes** - These will be available at the back of Church next Sunday, so don't forget to pick one up. All monies will be donated to our sister church in Mozambique and to our Diocesan Lent Appeal.

**Prayers around the Cross** - Julian will lead this Lent devotion of music, singing and contemplation on Fridays at 6.30pm in church. All welcome

**Lent Course** - Pilgrimage is the theme of our lent course. Over five weeks Mthr. Bernadette invites us to gather for reflection and spiritual conversation to explore different aspects of Pilgrimage. A Pilgrimage is a journey of spiritual significance and Lent is an opportunity to make such a journey in preparation for Easter. The course will take place in the Vicarage **7pm-8.30pm** on Tuesdays starting **Tuesday 16 February**. Please sign up on the sheet at the back if you would like to participate.

**Lent Hunger Lunch: Sunday 21 February** - Please come along and donate generously to this event. All donations will go to

**Lent Pilgrimage to Coventry Cathedral - Saturday 12 March** (details to follow)

**Parish Prayer Walk** (to help us in our MAP) one Sunday during lent.

On Wednesday, supported enthusiastically by our church school, members of our congregation and the parish, I did manage to climb to the top of the church and bless the cross, the repair work and the parish. I must admit, I found the last ladder really challenging as I don't like heights nor ladders but hearing the children call out my name was so encouraging and they kept it up until I arrived on top.

I haven't got all sponsorship forms back yet - but so far, I've raised £770 for the church. So a big thank you to everyone who sponsored me and to all who supported me.



With every blessing  
Mthr. Bernadette