

# LOOKING AHEAD

**Daily Office: Monday-Wednesday, Friday & Saturday 8am & 5.30pm**

**Sunday 15<sup>th</sup> March 10am**

**Wednesday 18<sup>th</sup> March 6.45pm**

**Friday 20<sup>th</sup> March 7pm**

**Saturday 21<sup>st</sup> March 10am-3pm**

**Sunday 22<sup>nd</sup> March 10am**

**Friday 27<sup>th</sup> March 7pm**

**Sunday 29<sup>th</sup> March 10am**

**Sunday 29<sup>th</sup> March 11.30am**

**Tuesday 31<sup>st</sup> March 9.15am**

**Friday 3<sup>rd</sup> April 7pm**

**Sunday 5<sup>th</sup> April 10am**

**Tuesday 7<sup>th</sup> April 6.30pm**

**Wednesday 8<sup>th</sup> April 7pm**

**Thursday 9<sup>th</sup> April 7pm**

**Friday 10<sup>th</sup> April 1.30pm**

**Saturday 11<sup>th</sup> April 8pm**

**Sunday 12<sup>th</sup> April 10am**

**Sunday 19<sup>th</sup> April 10am**

**Sunday 26<sup>th</sup> April 10am**

**Thursday 30<sup>th</sup> April 7pm**

**Sunday 3<sup>rd</sup> May 10am**

**Sunday 10<sup>th</sup> May 10am**

**Sunday 17<sup>th</sup> May 10am**

**Thursday 21<sup>st</sup> May 7pm**

**Sunday 24<sup>th</sup> May 10am**

**Sunday 31<sup>st</sup> May 10am**

**Sunday 7<sup>th</sup> June 10am**

**Sunday 14<sup>th</sup> June 10am**

**Sunday 21<sup>st</sup> June 10am**

**Mass for Lent 3**

**PCC Meeting**

**Prayers around the Cross**

**Lent Quiet Day (RFSK)**

**Mass for Lent 4 – Mothering Sunday**

**Prayers around the Cross**

**Mass for Passion Sunday**

**APCM**

**School Easter Service (in church)**

**Prayers around the Cross**

**Mass for Palm Sunday**

**Stations of the Cross**

**Prayers around the Cross**

**Mass of the Lord's Supper**

**Liturgy of the Cross**

**Easter Vigil**

**Mass for Easter Day (with baptism)**

**Mass for Easter 2**

**Mass for Easter 3**

**Mass celebrating 60 years (Bishop Joanne)**

**Mass for Easter 4**

**Mass for Easter 5**

**Mass for Easter 6**

**Mass for the Ascension of our Lord.**

**Mass for Easter 7**

**Mass for the Feast of Pentecost**

**Mass for Trinity Sunday**

**Mass for Trinity 1**

**Mass for Trinity 2**

**THIS IS THE GATE OF HEAVEN**

Winner of 'The UK's Best Modern Churches' award November 2013

**Next Sunday: 22<sup>nd</sup> March 2020**

**Mass for the 4<sup>th</sup> Sunday of Lent (Mothering Sunday)**

**Hymns: 467 490 235 206 275**

**Ephesians 5:8-14: Sunday School**

**Gospel John 19:25-27 Intercessions: Sunday School**

**\*Sidespeople: Beata & Mary S**

*Vicar* Mother Bernadette Hegarty 020 3774 6833

*Churchwarden:* Julian Bream 07818 048048



**DONATIONS gratefully received for our roof fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible**



All enquiries to: **020 3774 6833**

[church@stpaulsbowcommon.org.uk](mailto:church@stpaulsbowcommon.org.uk)

✠ **THE PARISH OF  
ST. PAUL WITH ST. LUKE** ✠  
**BOW COMMON**



**Sunday 15<sup>th</sup> March 2020**

**Mass for the 3<sup>rd</sup> Sunday of Lent**

**Hymns: 145 62 276 494 (m)**

**Exodus 17:1-7: Hendrika Romans 5:1-11: Joana**

**Psalm 95 Gospel: John 4:5-42**

**Intercessions: Julian**

**Sidespeople: Debbie & Hendrika**

**PLEASE PRAY FOR:**

Esther Christian, John Christian, Rachel Christian,  
Audrey Mamei, Sarah Seymour, Thomas Cantwell,  
Matthew Ikol, Ewa Machoy, Ben Reyes, Janice Sutherland,  
Jim Mulherran

For our link church of **Santa Monica, Maputo** in Mozambique  
And for our church school **St Paul with St Luke Primary School**

**March Year's Mind:** Maroula Addington, Revd. John Fethney,  
Terrence Smith, Rory Forrester

Today, we celebrate the **3<sup>rd</sup> Sunday of Lent** as we continue our journey towards Good Friday and Easter Day which started on Ash Wednesday with the imposition of ashes.

We also continue our tradition of having members of the congregation share something of their faith journey. So today we welcome **Cara** as our speaker.

Next Sunday we celebrate Mothering Sunday and so we look forward to our Sunday School leading part of the service..

### **Corona Virus Update for Churches:**

As the coronavirus continues to take hold in our city and in our country, in line with instructions from the Bishop of London and our Archbishops, **Holy Communion will be given in one kind** (the consecrated bread only) today and at each Holy Communion Service until further notice.

We will also no longer **shake hands or exchange other physical contact during the sharing of the peace**. I will demonstrate a way in which we can share the peace this morning which meets the above requirement but am open to ideas from you.

Regular and thorough handwashing is one of the key things we can do to limit the spread of this virus. The National Guidance is to wash our hands thoroughly for 20 seconds – now I know singing Happy Birthday twice has been mooted as a time reference, but I offer the ‘Lord’s Prayer as an alternative.

I invite you also to hold in your prayers all who have been affected by the coronavirus, those in isolation because of it, and for the health care workers and authorities who are doing what they can to combat the spread of infection. I would also ask you to pray for continuing compassion and care and for common sense and good will to prevail.



**Prayers around the Cross every Friday during Lent at 7pm** If you haven’t been along to this service, I strongly encourage you to come and experience it. Next session **Friday 20 March at 7pm**

**Room Available:** If you know of anyone needing a room to rent, then see Dominik for details.

**PCC members:** please note that there is a **PCC meeting** this week, **Wednesday 18<sup>th</sup> March at 6.45pm** in the church hall.

## **APCM: 2 WEEKS TO GO - SUNDAY 29 MARCH AFTER THE SERVICE:**

Being on St Paul's PCC; The PCC exists to support the minister in the mission and ministry of the church. So being on the PCC is about sharing in the leadership of the church. It is both a responsibility and a privilege to serve in this way.

Nominations forms for the election of 2 church wardens (who are elected annually), 5 members of the PCC and Deanery Synod Rep can be found on the table at the back of church. On the three-yearly cycle, Debra George & Toni Fellows stand down (and may be proposed again for another three years). We have three additional vacancies, 2 x three years and 1 x two years). If you haven't served on the PCC before, now is the time to give it due prayer and consideration.

Please note that only members on the electoral roll of the church are able to nominate and vote in PCC and Deanery Synod elections.

Parishioners and members on the electoral roll are entitled to nominate and vote for Church Wardens.



## **Lenten Quiet Day at Royal Foundation of St Katharine's next Saturday 21 March 10am-3pm.**

The day will open with prayer, there will be a midday Eucharist and time for personal reflection and prayer. Lunch and refreshments will be provided by St Katharine's. Numbers are needed, so if you are planning to come, then sign up on the sheet at the back of church. Cost £25 per person. We need **SIX** people.

## **The Joy of Taizé comes to Bow Common**



As you know, over the past few years some of us go to Taizé over the summer months, not just as individuals, but as members of our church representing us.

Last week we had the joy of hosting 2 young Taizé

volunteers who are in the UK to encourage young people to visit Taizé.

Julian and Madeline arrive last Monday evening and stayed at Mary's house (great photos Mary!) Last Tuesday they met with the Youth Worker at All Saints to discuss a possible Youth Pilgrimage to Taizé in the summer. Later last week Hendrika took them for a trip around London.

